

Toastmasters International
President's Club
District 14, Division D, Area 44, Club 1713
Wednesday, April 21, 2010
East Cobb Government Center
MEETING AGENDA

<u>Time:</u>	<u>Task:</u>	<u>Title:</u>	<u>Name:</u>
7:00 PM	Call to order	Sgt. At Arms	Daniel Jourdan
7:01 PM	Invocation/Pledge		Kumar Choudhuri
7:05 PM	Business Meeting		Tom Nixon
	1) Elections for new officers coming up. Slate will be presented next meeting and members will vote for new officers at the first meeting in June.		
	2) Tom has booked a room at the East Cobb library for another speech-a-thon to be held on the last Wednesday in May. Judy will send out an email and the first 8 to respond will get to speak.		

7:11 PM	General Meeting	Toastmaster	Rush Netterville
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7:13 PM	Introduction of Helpers		
	JokemasterTom Nixon	Grammarian Jim Dawson	
	Vote CounterJudi Roger	TimerMack Miller	
	"Ah" CounterEllen Katzowitz	VideographerGeoffrey Frost	

Word of the Day:
Homonym: a word the same as another in sound and spelling but different in meaning such as "cricket" a type of insect and "cricket" a type of game.

7:25 PM	Table Topics Master--"Cinco de Mayo" 2 minutes for each response		Ilya Filvinsky
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1)	" <i>What comes to your mind when you hear the word "cinco?"</i> "		Rich Hart
	Nothing. Rich does not celebrate Cinco de Mayo and has no idea what it means. He suggests that it is probably just a good opportunity to have a beer along with chips and salsa.		

2)	" <i>What comes to your mind when you hear the word "Mayo?"</i> "		Jim Dawson
	When Jim hears the word, "Mayo," it brings to mind what he may need some work on his cultural literacy. He feels fairly confident that it means May which Jim enjoys because the pollen season is almost over and the sun is starting to shine but it is still cool outside.		

3)	" <i>What do you think of when you hear the word, "de?"</i> "		Lan Bercu
	In Vietnamese de means beautiful. Lan had no idea what Cinco de Mayo meant until a few years ago when her son was 3 years old. Her sister and brother inlaw agreed to watch Lan's son so she could get some much needed rest. They took her son with them as they celebrated Cinco de Mayo. When they brought his home we was happy and slept through the night. When Lan asked what her sister and brother inlaw had done to her son they said that he had also celebrated the holiday with a little cerveza.		

4)	" <i>What comes to mind when you here Cinco de Mayo?"</i> "		Judi Rogers
	Judi was in Northern Colorado about 2 years visiting her daughter at college. It was June when she was visiting and she was awoken while staying in her daughter's dorm to the sound of students celebrating Cinco de Mayo because snow had cancelled their celebration in May.		

Timer's report and vote for Best Table Topics Speaker
******* 7 MINUTE BREAK*******

7:39 PM			
7:46 PM	Introduction of Speakers and Speeches "My Definition of Success" Manual: Competent Communicator, Speech #1, Ice Breaker Time: 4-6 minutes Obj.: Begin speaking before an audience. Discover speaking skills you already have and skills that need some attention.		Charlene Anderson <i>Robert Siegel</i> Speaker #1

Bob illustrated his definition of success with the use of an autographed baseball. The baseball was signed by the 5 and 6 year olds who played t-ball with Bob's son. A team that Bob coached about 7 years ago. The baseball represents Bob's definition of success because he was able to coach the team and be a major part of his son's life all while providing for his family. Bob lives in East Cobb with his wife and 2 children and is currently looking for a job in product development and technology companies. He also owns a consulting business called The Ideative Process, a company which aims to teach analytical people creative thinking skills. Bob is an MBA who reads and writes extensively on the workings of the human mind's thinking and learning skills. He has written a book on thinking and learning skills as well as book on the ideative process. Bob also maintains blogs on human thinking as well as politics.

"How to Prepare Yourself for Your Next Career Transition"

Derek Broyard

Manual: Competent Communicator, Speech #2,

Speaker #2

Time: 5-7 minutes

Obj.: Select an appropriate outline which allows listeners to easily follow and understand your speech. Make your message clear with supporting material directly contributing to that message. Use appropriate transitions when moving from one idea to another. Create a strong opening and conclusion

Thomas Edison once said, "When your work speaks for itself don't interrupt." and Derek Broyard once said, "When your work speaks for itself don't interrupt because you could be eligible for a 20% raise, a new title, and more responsibility to further grow your career. Derek offered us 3 primary things a person can do to prepare for their next job transition.

1) Collect Data. Collecting data provides an effective way to communicate your achievements. One way Derek offers to collect data is through your resume. A resume should go beyond giving a job description, it should list your achievements. You should collect your achievements and update your resume on a regular basis. Another way to collect data is through notes. Derek suggests taking notes on the situations you have faced, the actions you took when those situations presented themselves and the results of your actions. A 3rd way to collect data is with reports such as reviews sales reports...anything that can support your achievements.

2) Being Visible. There are a number of ways available to make yourself visible. A person can be visible physically, verbally or virtually. Derek suggests the best way to be virtually visible when looking for a job is through the use of LinkedIn. Another way to make yourself visible is by joining clubs such as Toastmasters or other industry specific associations and societies. The final way Derek suggests making yourself visible is through awards. You don't have to win the award you can become more visible just by being nominated.

3) Networking. Derek states that networking is key to finding your next career transition. 68% of jobs that are found are found through networking. Derek suggests networking through industry networking events such as conventions and trade shows. Networking can also be done through events geared toward specific functions or industries, one example is FENG, Financial Executives Networking Group. The 3rd and final way that Derek recommends networking is with your friends, family and colleagues.

"Sharing My Vision"

Lisa Goodman

Manual: Advanced Communicator, High Performance Leadership

Speaker #3

Time: 5-7 minutes

Obj.: Effectively convey the importance of vision, state the vision in a positive manner. Tie the vision to the needs and wants of listeners.

George Washington, Thomas Jefferson, Winston Churchill, Martin Luther King Jr, and Ghandi were all great leaders but they have nothing on a woman who tries to lead a group of cheerleader moms. Lisa is the president of The Pope Junior Cheer Program, a middle school cheerleading program run by parents. Lisa is looking to lead a successful program while she is president and with the help of her advisors, Jim Dawson and Ernie Pollitzer, she was able to come up with 3 specific steps she can take in order to reach her goal.

1) Create transparency for the program. By creating transparency in the program parents and kids would not exactly know who was leading and what was happening within the program. This year Lisa and the other board members included all their names and contact information in the handbook that was given to every child in the program. This information was also listed on the Pope Junior Cheer website. Under Lisa's leadership, invitations to the board meetings were posted on the website with meeting time and place and all members were encouraged to attend.

2) Creating a platform for change. Each year, prior to Lisa's role as president, the program was run the same. If anyone made a suggestion for change it was shot down. Lisa thought it important that board members had the opportunity to talk about change and present ideas. The board members began to listen to new and old ideas along with the pros and cons and then a decision was made with the aim to maximize effectiveness and minimize risks. Another platform of change that Lisa implemented was to inform her fellow board members of what was going on within the program. She began to send an agenda to each board member before the meetings to allow them to prepare any ideas that they may have and present them at the meetings.

3) Creating better customer service. The customers of the Pope Junior Cheer Program was the parents, mainly the mothers, and their kids. Steps were taken to ensure that the mothers were happy because if moms aren't happy then nobody is happy. Lisa saw the importance of improving customer service because the cheer program is a building block for the highschool program. Lisa did many things to promote awareness such as hosting a social get together for the moms. As president Lisa created a purpose and direction for the program's board and received much positive feedback. But the best compliment came from her 13 year old daughter when she told her mother that it was cool that she was president.

"Caring for the Caregiver"

Susan McMullen

Manual: Competent Communicator, Speech #8, Use of Visual Aids

Speaker #4

Time: 8-10 minutes

Obj.: Select visuals that are appropriate for your message and the audience. Use visual aids correctly with ease and confidence

Nursing is a wonderful, caring and giving profession and nurses are extraordinary people. As a nurse Susan gives all that she has to care for people everyday. Many people have created the image of nursing as a very calm and serene profession; it is quite the opposite. Nurses spend 10-12 hours a day running up and down the halls taking care of 4-5 patients some of whom are very sick. Nurses are heroes in their own right who rarely have a chance to step away from their responsibilities because they are called upon even during their time off. Susan gave an example of the time she was asked to give her neighbor's Chinese Water Dragon lizard a shot of antibiotics simply because her neighbor assumed

Susan knew how to do it because she is a nurse. Because nursing can be such a physically demanding job Susan encourages other nurses to take care of themselves so that they can take care of others. Susan challenges her fellow nurses to take the necessary steps to care for their own body, mind and spirit.

Two steps that everyone already knows take care of the body is to eat right and exercise. Nutritional foods helps the body to think better and restore its energy. Exercise benefits the body physically and creates a mind body connection because it releases endorphins which can make a person feel better. Susan had an eye opening event that showed her the importance of exercise. One day while on duty for the IV team Susan was eating lunch in the IV team office, which is located outside of the actual hospital building, when all of the sudden she was called to an emergency on the top floor of the hospital. Susan grabbed her save-a-life bag and dashed for the hospital. Once she reached the hospital she feared the elevator would not get her to the top floor quick enough because so many people were waiting to use it. Susan made the decision to run up 7 flights of stairs to reach her final destination. When she made it to the top she was so exhausted and out of breath that she was unable to help the patient.

Susan would like every nurse to never forget that they are superheroes and to remember to take care of their mind, body and spirit so that they can continue to give all that they can in taking care of others.

Timer's report and vote for Best Speaker

8:30 PM **Introduction of Evaluators and Evaluations**

Evaluator for *Bob Siegel*

Evaluator for *Derek Broyard*

Evaluator for *Lisa Goodman*

Evaluator for *Susan McMullen*

Rob McGoldrick

Emma Hitt

Debbie Field

Vahn Wagner

Judy Anderson

Timer's Report and vote for Best Evaluator Helpers' report and vote for Most Enthusiastic Helper

8:47 PM **Meeting Evaluation**

8:52 PM Announcements and Guest Comments

Awards Presentations

Toastmaster

Rush Netterville

Evening's Best:

Best Speaker: Susan McMullen

Best Evaluator: Vahn Wagner

Best Table Topics: Lan Bercu

Most Enthusiastic Helper: Geoff Frost and Jim Dawson

9:00 PM Adjournment

Toastmaster

Rush Netterville

Attending Members:

Judy Anderson, Lan Bercu, Derek Broyard, Kumar Choudhuri, Jim Dawson, Debbie Field, Ilya Filvinsky, Geoff Frost, Lisa Goodman, Emma Hitt, D.J., Rob McGoldrick, Susan McMullen, Mack Miller, Casey Moore, Rush Netterville, Tom Nixon, Judi Rogers, Bob Siegel, Vahn Wagner, Rich Hart

Guests:

Helen Liou, Mark Bassett, Crystal Norwood, Lila O'Connor (new member)